**Ingredients & Unit Prices #2**

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| **Ingredients** | **Brand Name Price** | **Store Brand Price** |
| Basil (1 leaf) |  | $0.05 |
| Bay leaf (1) | $0.57 | $0.59 |
| Black beans (1 cup) | $1.10 | $1.05 |
| Bread Crumbs (1/2 cup) | $0.56 | $0.69 |
| Brown Rice (1 cup) | $0.75 | $0.60 |
| Cheddar Cheese (1 cup) |  | $0.95 |
| Crushed tomato can (16oz) | $3.33 | $2.34 |
| Cubano chile pepper | $1.75 |  |
| Eggs (1 dozen) | $2.29 |  |
| Fresh Bread Crumbs (1/2 cup) | $1.50 | $1.25 |
| Garlic (4 cloves) |  | $0.75 |
| Lentil Beans (1 lb.) |  | $2.50 |
| Milk (1 cup) | $0.50 | $0.45 |
| Mozzarella (1/2 lb.) |  | $2.50 |
| Nutmeg (1/4 tsp.) | $0.10 |  |
| Olive oil (3 tablespoons) | $0.60 | $0.48 |
| Onion (3/4) |  | $1.00 |
| Onion Soup (1pck) | $0.75 |  |
| Oregano (1/4 cup) |  | $1.49 |
| Parmesan Cheese (1/2 cup) | $1.75 |  |
| Parsley (1/4 cup) |  | $1.45 |
| Portobello Mushrooms (20 oz.) |  | $3.50 |
| Red Pepper Flakes (1/2 tsp.) |  | $0.25 |
| Red Wine (1/2 cup) | $1.50 |  |
| San Marzano tomatoes (28oz can) | $2.50 | $1.75 |
| Spaghetti (16oz) | $1.21 | $1.06 |
| Sugar (1/2 cup) | $0.33 | $0.15 |
| Sunflower Seeds (1/2 cup) |  | $1.25 |
| Tomato paste can (6oz) | $0.85 | $0.66 |
| Vegetable beef Substitute ( 1 pound) |  | $5.20 |
| Vegetable Stock (1 cup) | $1.00 | $1.25 |
| Walnuts (1 cup) | $1.24 | $1.20 |
| White Mushrooms (1 cup) |  | $0.85 |
| Worcestershire Sauce (2 tsp.) | $0.25 | $0.40 |